
Practitioner Update Aug 18: Latest research on Alzheimer's Disease

1 message

Pure Bio <info@purebio.co.uk>
Reply-To: Pure Bio <info@purebio.co.uk>
To: purebioltd@gmail.com

3 September 2018 at 11:09

Practitioner News
Nutritional Update August 2018

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Dear Colleague

Welcome to our August nutritional update for practitioners. The aim of this regular news update is to keep you up-to-date with research findings from the nutritional industry, launch of new products and special offers from Pure Bio Ltd, and to help keep you abreast of products available for your patients and when & how to use them.

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Featured Articles

THREE EYE CONDITIONS LINKED TO HIGHER ALZHEIMER'S RISK

Three common eye diseases have been linked to an increased risk for Alzheimer's disease (AD), according to a large, longitudinal, population-based study. Glaucoma, Age-related Macular



Degeneration (AMD) and Diabetic Retinopathy (DR) were associated with a 40% risk for AD.

Participants recently diagnosed with glaucoma had a 46% increased likelihood of developing AD. Similarly, the risk among those recently diagnosed with AMD or diabetic retinopathy had a 50% increased AD risk, compared with their counterparts without these conditions.

Read more at medscape.com

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EXERCISE TO STAY YOUNG

Participating in exercise 4-5 times per week is necessary to keep your heart young and to improve the function of all arteries, according to new research published in the Journal of Physiology. These findings could be an important step to develop exercise strategies to slow down such ageing ...

Read more at medicalxpress.com

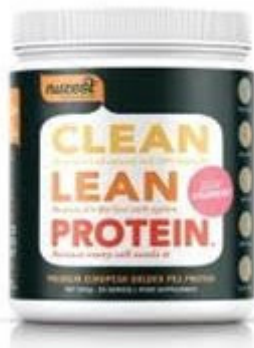


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Product Focus

NEW PRODUCT LAUNCH

Nuzest Clean Lean Protein Powder



We are pleased to announce the launch of a new product - [Nuzest Clean Lean Protein Powder](#) - which contains between 20-21g of protein per serving, all 9 essential amino acids, and more.

Clean Lean Protein is protein in its purest form. Containing premium European golden pea protein, it is 100% vegetable, natural and free from gluten, dairy, soy, GMOs, lectins and xanthan gum. It is high in lean digestible protein, yet low in carbohydrates, sugar and fat.

Suitable for everybody - Paleo, Vegan, Halal, Kosher. Age 4 years to 100+

Sizes & Flavours available:

- A handy **25g single serve sachet** - available in [Smooth Vanilla](#) and [Rich Chocolate](#)
- **500g** (20 servings) or **1kg** tubs (40 servings) available in [Smooth Vanilla](#), [Wild Strawberry](#) and [Rich Chocolate](#) flavours
- [Nuzest Shaker with Powder Holder](#) also available for protein intake on the move!



Features & Benefits

- Easy to digest & absorb with a 98% digestibility rating, avoiding the bloating and digestive upsets often associated with other types of protein supplement
- A 'Complete' Protein for **Energy, Recovery & Repair** - contains all nine major amino acids, which are both beneficial and necessary for the body. It is particularly high in glutamine - essential for post-exercise recovery and the prevention of muscle loss as the body ages and develops throughout life.
- **The Alkaline Advantage** - with a pH of 7.8, Clean Lean Protein is one of the few alkaline proteins available. Optimum pH levels in the body improves bone density and delays the build-up of lactic acid during exercise. Less lactic acid, therefore, means less chance of DOMS development ("delayed onset muscle soreness").
- All Natural, 100% Vegetable and Allergen free- the world's highest source of plant protein, which is also **Paleo-friendly**. It is free from gluten, dairy, soy, nuts and eggs. In addition, there are no fillers, additives or preservatives and no added sugar or artificial sweeteners.
- It mixes smoothly with water, milk or when blended in a smoothie.

Directions for use

Add 2 scoops (25g) to a shaker containing 250ml or more of water, milk or milk alternative, and shake.



SPECIAL INTRODUCTORY OFFER!

As a special gift to you, we are offering a **FREE SHAKER** worth £5.00 with your first order of any 500g or 1kg tub of Nuzest! To take advantage of this fantastic offer, simply place your order as normal and we will despatch your free shaker along with your order!

ORDER NOW: [Nuzest Clean Lean Protein Powder](#)

[500g tub - £29.99](#)

[1kg tub - £49.99](#)

[25g single serve sachet - £2.95](#)

[350ml shaker with powder holder - £4.99](#)

If you would like a sample for your test kit, these are available at £1.50 each. simply call us on **01403 730342** or mail info@purebio.co.uk

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Latest Pure Bio News

[AFMCP - UK CONFERENCE - LONDON 4-8 October 2018](#)

[PURE BIO](#) are delighted to announce that we will be a major sponsor at the **AFMCP-UK 2018 (Applying Functional Medicine in Clinical Practice) Conference this year on 4-8 October 2018, at the stylish Park Plaza Riverbank Hotel in London.**

AFMCP teaches healthcare practitioners to more effectively integrate science, research and clinical insights to treat and prevent disease and maintain health. Established and emerging diagnostics, therapeutics and prevention strategies are extensively covered. AFMCP integrates these approaches through the Functional Medicine Matrix Model (an innovative and practical assessment tool) and the emphasis on a therapeutic partnership between patient and practitioner.

To register: <https://www.afmcp-uk.org/register/>

We hope to see you there!



[SPECIAL OFFERS](#)

We have 3 special offers for you on some of our products. Simply telephone **01403 730342** to place your order and take advantage of the savings. **It's first come first served!**

[Ribose Powder 100g](#) (expiry 31 Oct 2018) - **10 pots on offer at HALF PRICE only £21.08 per pot**



[Growth Hormone Support 90 caps](#) (exp 31 Oct 2018) - **3 pots on offer at HALF PRICE only £18.53 per pot**

[Nutrient 950 - 360 caps](#) (expiry 30 Sept 2018)
- 2 pots on offer at HALF PRICE only £49.80 per pot



SIMPLY TELEPHONE 01403 730342 TO ORDER, OR EMAIL US ON info@purebio.co.uk

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Gift Vouchers

Did you know that we sell [Gift Vouchers](#) which can be used against the purchase of any of our products - from supplements to soap to socks? **A great present at any time**

Pure Bio Gift Voucher

This certificate entitles

To £ _____ of products from Pure Bio Ltd

Pure Bio Your lifestyle solution

The gift of health – with the luxury of choice!

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RH12 5PD
Tel: 01403 730342
www.purebio.co.uk

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Example only

Number _____

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The vouchers can be purchased in denominations of £5, £10 and £20 and are valid for one year

Why not give the gift of health with the luxury of choice!

Order from the office 0044 (0)1403 730342 or visit our website [here](#)

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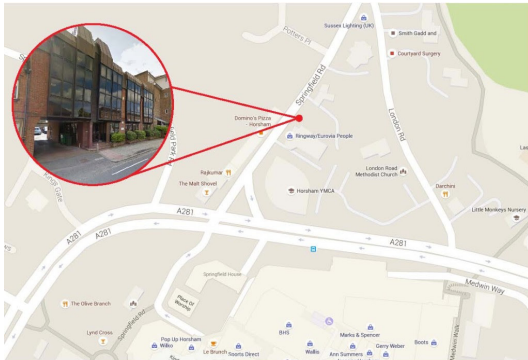
Quote of the Month

"If you don't make peace with your past, it will keep showing up in your present"

Dr Wayne W Dyer

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How to Find Us



You can order from our [website](#) or make purchases in person. [Find us at:](#)

**Ground Floor, 44 Springfield Road,
Horsham, West Sussex, RH12 2PD**

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